

REWIRE HYPNOTHERAPY



LIFT YOUR CONFIDENCE AND FEEL GOOD

with small group hypnosis sessions

How you think is how you feel and how your body responds to those commands
Learn how to boost your confidence, love the bits you don't, and feel good about who you are!

WEDNESDAY EVENINGS 6.30pm -7.30pm

The Courtyard Natural Health

Courtyard Heritage

17a Sadler Street, BA5 2RR

DATES – 17th & 31st July/14th & 28th August/11th & 25th Sept

CALL TO BOOK YOUR PLACE 07783769293 £10 PER PERSON