

REWIRE HYPNOTHERAPY



MANAGE YOUR DAY-TO-DAY STRESS AND ANXIETIES

with small group hypnosis sessions

It is a deeply relaxing experience.

I help you to disengage with your thought process and guide you into a calmer state.

WEDNESDAY EVENINGS 6.30pm -7.30pm

The Courtyard Natural Health

Courtyard Heritage

17a Sadler Street, BA5 2RR

DATES – 10th & 24th July / 7th & 24th August / 4th & 18th Sept

CALL TO BOOK YOUR PLACE 07783769293 £10 PER PERSON